

Dear Military Beneficiary,

Thank you for your interest in the Johns Hopkins US Family Health Plan. I am pleased to provide you with details on the TRICARE Prime® benefits active duty family members and retired military households may receive through our Plan.

Joining thousands of fellow active duty and retired military households already enrolled in our Plan will give your family a unique combination of TRICARE Prime benefits and personal, local care. As a member, you'll be entitled to:

**COVERAGE: full TRICARE Prime benefits**

- Comprehensive hospital and medical coverage: routine physicals, well-baby and well-child care, lab tests, mental health services, and much more
- Full coverage for retirees up to age 65
- Prescription drug coverage — *at convenient, local Walgreens locations*

**CARE: with our Plan, you choose your doctors and hospitals**

- Build relationships with your family doctors over time
- Easy-to-make appointments — evenings and weekends at many locations
- Choose your care from more than 16,500 providers across our region, offering close to home care, including the world-renowned Johns Hopkins Hospital

**EXCLUSIVE EXTRAS: only from the Johns Hopkins US Family Health Plan**

- Two free dental cleanings and a free eye exam every year, for each family member
- Discounts on dental services, eyeglasses, frames and lenses (including contact lenses), and LASIK eye surgery
- Discounts on family fertility services, cosmetic surgery ... and more

You'll find details about all our Plan can offer your family in this kit. We hope you will consider our Plan and look forward to the opportunity, and privilege, to serve your family's health care needs.

Sincerely,



Mary H. Cooke, DHA  
Vice President, Johns Hopkins US Family Health Plan and Strategic Military Alliances  
Johns Hopkins Health System

**P.S. If you have any questions, please call us toll-free at 1-800-801-9322.** We've proudly served military families in this area for more than three decades: we hope you will put our expertise to work for you.

*See timely News and Announcements on the reverse ...*

US FAMILY HEALTH PLAN

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# News and Announcements

Important information for military families enrolling in the Johns Hopkins US Family Health Plan:

## Enrollment for 2019

Starting Jan. 1, 2019 you will only be able to enroll during two periods:

- During the Open Season, or
- Up to 90 days following a Qualifying Life Event.

## What is Open Season?

Open Season is the yearly period when you can enroll in or change your health plan. In 2018, Open Season will be Nov. 12 – Dec. 10. Any changes you select will take place Jan. 1, 2019.

*During Open Season, you can:*

- Change to another TRICARE plan.
- Do nothing and stay in the same plan.

## What is a Qualifying Life Event?

Outside the Open Season, you can only enroll in or make changes to your plan if you have a Qualifying Life Event (QLE). These include getting married, having a baby or losing other health coverage, among others.



Questions about Plan benefits, extras, or enrolling?  
**Call toll-free 1-800-801-9322**